

**Penn Manor School District  
December 2011  
High School Menu**

\*\*\*\*\* To Make Credit Card Payments visit: <http://www.mynutrikids.com> or click on the link at <http://www.pennmanor.net>  
[mynutrikids.com](http://www.mynutrikids.com) allows you to use your Visa, Master Card, Discover Card or PayPal.

All Cafeteria Managers are proud members of The School Nutrition Association of PA ~ "Making the Right Food Choices , Together"

Elementary students paying cash daily or have exhausted their lunch ticket will be permitted to charge no more than 5 lunches. Charged lunches should be paid for the next school day. When students have reached 3 charged lunches, a warning envelope will be sent home advising the parent of the charged meals. In the event when a student has accumulated 5 charged lunches and doesn't have money for lunch, a modified lunch consisting of fruit, crackers and milk will be provided to the student. Meals will always be provided to K-3 students or any disabled student as per federal regulation. Students will not be permitted to purchase ala carte items when they have a negative balance for charged lunches. Secondary students are not permitted to charge lunches.

<b>High School Menu</b>		<b>Elem. Lunch - \$2.15</b>		<b>PRE-PAID TICKET INFORMATION:</b>	
MENUS SUBJECT TO CHANGE		<b>Sec. Lunch:</b>			
<b>School Board Meeting:</b>		<b>\$2.30/\$3.00/\$3.25/\$3.50</b>		<b>Elementary - \$50.00</b>	
<b>One Meeting - December 5, 2011</b>		<b>Reduced Lunch - \$.40</b>		<b>Secondary - \$50.00</b>	
<b>Manor Middle Board Room</b>		<b>Student Milk - \$.60</b>		<b>Reduced - \$10.00</b>	
<b>4:00 p.m.</b>		<b>Adult Lunch- \$3.50/\$4.10</b>		<b>We welcome your comments, questions and suggestions.</b>	
				<b>Contact the Food Services Department:</b>	
				<b>Randy Wolfgang - 872-9500 ext. 2228</b>	
<b>MONDAY</b>		<b>TUESDAY</b>		<b>WEDNESDAY</b>	
<b>November 28, 2011</b>		<b>11/29/2011 DAY 5</b>		<b>11/30/11 DAY 6</b>	
<b>NO SCHOOL HOLIDAY</b>		Chicken Nuggets Fluffy Whipped Potatoes Steamed Corn Assorted Fruit Choice of Milk		Pizza Sticks w / Sauce Relish Tray Chilled Fruit Juice Creamy Pudding Assorted Fruit Choice of Milk	
<b>12/5/11 DAY 3</b>		<b>12/6/11 DAY 4</b>		<b>12/7/11 DAY 5</b>	
Chicken Tenders Steamed Pasta Plump Peas Assorted Fruit Choice of Milk		Steak Sandwich French Fries Assorted Fruit Choice of Milk		Grilled Cheese Sandwich Tomato Soup Hot Vegetable Assorted Fruit Choice of Milk	
<b>12/12/11 DAY 2</b>		<b>12/13/11 DAY 3</b>		<b>12/14/11 DAY 4</b>	
Hot and Spicy Chicken Patty / Roll Baked Macaroni & Cheese Chilled Fruit Juice Assorted Fruit Choice of Milk		Spaghetti w / Meatballs Side Salad Italian Bread Creamy Pudding Assorted Fruit Choice of Milk		Turkey or Ham & Cheese Hoagie French Fries Chilled Fruit Juice Assorted Fruit Choice of Milk	
<b>12/19/11 DAY 1</b>		<b>12/20/11 DAY 2</b>		<b>12/21/11 DAY 3</b>	
Chicken Tenders Scalloped Potatoes Steamy Peas Chilled Fruit Juice Assorted Fruit Choice of Milk		Ham & Cheese / Pretzel Roll Twisted Fries Angel Food Cake Assorted Fruit Choice of Milk		Popcorn Chicken Fluffy Whipped Potatoes Steamed Corn Dinner Roll Creamy Pudding Assorted Fruit Choice of Milk	
<b>12/22/11 DAY 4</b>		<b>12/23/11 DAY 5</b>		<b>12/24/11 DAY 6</b>	
Roast Turkey Whipped Potatoes Bread Stuffing Cranberry Sauce Green Beans Assorted Fruit Choice of Milk		Twisted Edge Pizza Relish Tray Chilled Fruit Juice Assorted Fruit Choice of Milk		Fajitas or Tangy Tacos Baked Potato Steamed Corn Refried Beans Assorted Fruit Choice of Milk	
<b>12/15/11 DAY 5</b>		<b>12/16/11 DAY 6</b>		<b>12/17/11 DAY 1</b>	
Personal Pan Pizza Vegetable Soup **Peanut Butter Crackers** Assorted Fruit Choice of Milk		Italian Cheese Pizza Relish Tray Ice Cream Sandwich Assorted Fruit Choice of Milk		Popcorn Chicken Whipped Potatoes Homemade Biscuit Steamed Green Beans Assorted Fruit Choice of Milk	
<b>MENUS ARE NOW ON THE INTERNET - <a href="http://www.pennmanor.net">www.pennmanor.net</a></b>					

**\*\* Contains Peanuts And / Or Nuts \*\***

**Parents are encouraged to purchase for their child pre-paid meals!**  
(Please write your child's first & last name on your check when purchasing a meal ticket!)  
Please make checks payable: **Penn Manor School District**

**Soup & Salad Bar** available daily - \$3.50

Meal tickets can now be used to purchase breakfast, lunches, and ala carte items.

**THERE IS A \$35.00 BANK SERVICE CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.**