

**Penn Manor School District
November 2011
High School Menu**

***** To Make Credit Card Payments visit: <http://www.mynutrikids.com> or click on the link at <http://www.pennmanor.net>
[mynutrikids.com](http://www.mynutrikids.com) allows you to use your Visa, Master Card, Discover Card or PayPal.

All Cafeteria Managers are proud members of The School Nutrition Association of PA ~ "Making the Right Food Choices , Together"

Elementary students paying cash daily or have exhausted their lunch ticket will be permitted to charge no more than 5 lunches. Charged lunches should be paid for the next school day. When students have reached 3 charged lunches, a warning envelope will be sent home advising the parent of the charged meals. In the event when a student has accumulated 5 charged lunches and doesn't have money for lunch, a modified lunch consisting of fruit, crackers and milk will be provided to the student. Meals will always be provided to K-3 students or any disabled student as per federal regulation. Students will not be permitted to purchase ala carte items when they have a negative balance for charged lunches. Secondary students are not permitted to charge lunches.

High School Menu	Elem. Lunch - \$2.15 Sec. Lunch: \$2.30/\$3.00/\$3.25/\$3.50 Reduced Lunch - \$.40 Student Milk - \$.60 Adult Lunch- \$3.50/\$4.10	PRE-PAID TICKET INFORMATION: Elementary - \$50.00 Secondary - \$50.00 Reduced - \$10.00	We welcome your comments, questions and suggestions. Contact the Food Services Department: Randy Wolfgang - 872-9500 ext. 2228	
MENUS SUBJECT TO CHANGE School Board Meeting: Nov. 7 and 21, 2011 Manor Middle Board Room 7:00 p.m.				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/31/11 DAY 6	11/1/11 DAY 1	11/2/11 DAY 2	11/3/11 DAY 3	11/4/11 DAY 4
Chicken Tenders Fluffy Whipped Potatoes Steamed Green Beans Assorted Fruit Choice of Milk	Twisted Sticks w / Sauce Side Salad Creamy Pudding Assorted Fruit Choice of Milk	Grilled Cheese Sandwich Tomato Soup Angel Food Cake Assorted Fruit Choice of Milk	Popcorn Chicken Whipped Potatoes Dinner Roll Yellow Corn Assorted Fruit Choice of Milk	Quesadilla Pizza Side Salad Ice Cream Sandwich Assorted Fruit Choice of Milk
November 7, 2011	11/8/2011 DAY 5	11/9/11 DAY 6	11/10/11 DAY 1	11/11/11 DAY 2
NO SCHOOL	Walking Tacos Baked Doritos Spanish Rice Assorted Fruit Choice of Milk	Steak Sandwich French Fries Chilled Fruit Juice Assorted Fruit Choice of Milk	Roast Turkey Whipped Potatoes Filling Ball Steamed Corn Assorted Fruit Choice of Milk	Choice of Pizza Nachos & Salsa Chilled Fruit Juice Assorted Fruit Choice of Milk
11/14/11 DAY 3	11/15/11 DAY 4	11/16/11 DAY 5	11/17/11 DAY 6	11/18/11 DAY 1
Chicken Nuggets Seasoned Pasta Steamed Corn Assorted Fruit Choice of Milk	Hot Ham & Cheese / Pretzel Roll Colossal Fries Creamy Pudding Assorted Fruit Choice of Milk	Breakfast Sandwich Hash Browns Chilled Fruit Juice Assorted Fruit Choice of Milk	Blueberry Pancake Sausage Patties Chilled Fruit Juice Assorted Fruit Choice of Milk	Italian Cheese Pizza Side Salad Skinny Cow Sundae Assorted Fruit Choice of Milk
11/21/11 DAY 2	11/22/11 DAY 3	11/23/11 DAY 4	November 24, 2011	November 25, 2011
Popcorn Chicken Whipped Potatoes Dinner Roll Steamed Green Beans Assorted Fruit Choice of Milk	Chicken Tenders Oven Brown Potatoes Creamy Pudding Assorted Fruit Choice of Milk	Cheese Quesadilla Pizza Side Salad Strawberries w / Topping Assorted Fruit Choice of Milk	NO SCHOOL HOLIDAY	NO SCHOOL HOLIDAY
MENUS ARE NOW ON THE INTERNET - www.pennmanor.net				

**** Contains Peanuts And / Or Nuts ****

Parents are encouraged to purchase for their child pre-paid meals!
(Please write your child's first & last name on your check when purchasing a meal ticket!)
Please make checks payable: **Penn Manor School District**

Soup & Salad Bar available daily - \$3.25

Meal tickets can now be used to purchase breakfast, lunches, and ala carte items.

THERE IS A \$35.00 BANK SERVICE CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.