

**Penn Manor School District  
November 2013  
Breakfast Menu**

**Breakfast is available at all buildings.**

All Cafeteria Managers are proud members of The School Nutrition Association of PA ~ "Making the Right Food Choices , Together"

|                                                                                                                        |                                                                                                                                       |                                                                                       |                                                                                |                                                                                                                                      |  |
|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|--|
| <b>BREAKFAST MENU</b>                                                                                                  | <b>High School Breakfast - \$1.50</b>                                                                                                 | <b>PRE-PAID TICKET INFORMATION:</b>                                                   |                                                                                | We welcome your comments, questions and suggestions.<br>Contact the Food Services Department:<br>Randy Wolfgang - 872-9500 ext. 2228 |  |
| MENUS SUBJECT TO CHANGE<br><b>School Board Meeting:</b><br>Nov. 4 and 18, 2013<br>Manor Middle Board Room<br>7:00 p.m. | <b>Elem. Breakfast - \$1.25</b><br><b>Reduced Breakfast - \$.30</b><br><b>Student Milk - \$.60</b><br><b>Adult Breakfast - \$1.90</b> | <b>Elementary - \$50.00</b><br><b>Secondary - \$50.00</b><br><b>Reduced - \$10.00</b> |                                                                                |                                                                                                                                      |  |
| <b>MONDAY</b>                                                                                                          | <b>TUESDAY</b>                                                                                                                        | <b>WEDNESDAY</b>                                                                      | <b>THURSDAY</b>                                                                | <b>FRIDAY</b>                                                                                                                        |  |
| <b>11/4/13 DAY 6</b>                                                                                                   | <b>11/5/13 DAY 1</b>                                                                                                                  | <b>11/6/13 DAY 2</b>                                                                  | <b>11/7/13 DAY 3</b>                                                           | <b>11/8/13 DAY 4</b>                                                                                                                 |  |
| Funnel Cake w/ Syrup<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                                                 | <b>NO SCHOOL<br/>ELEMENTARY ONLY</b>                                                                                                  | French Toast Sticks w/ Syrup<br>Chilled Fruit or Fruit Juice<br>Choice of Milk        | Scrambled Eggs & Bacon<br>Chilled Fruit or Fruit Juice<br>Choice of Milk       | Egg McComet<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                                                                        |  |
| <b>11/11/13 DAY 5</b>                                                                                                  | <b>11/12/13 DAY 6</b>                                                                                                                 | <b>11/13/13 DAY 1</b>                                                                 | <b>11/14/13 DAY 2</b>                                                          | <b>11/15/13 DAY 3</b>                                                                                                                |  |
| Pancakes w/ Syrup<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                                                    | Breakfast Pizza<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                                                                     | Funnel Cake w/ Syrup<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                | French Toast Sticks w/ Syrup<br>Chilled Fruit or Fruit Juice<br>Choice of Milk | Scrambled Eggs & Bacon<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                                                             |  |
| <b>11/18/13 DAY 4</b>                                                                                                  | <b>11/19/13 DAY 5</b>                                                                                                                 | <b>11/20/13 DAY 6</b>                                                                 | <b>11/21/13 DAY 1</b>                                                          | <b>11/22/13 DAY 2</b>                                                                                                                |  |
| Egg McComet<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                                                          | Pancakes w/ Syrup<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                                                                   | Breakfast Pizza<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                     | Funnel Cake w/ Syrup<br>Chilled Fruit or Fruit Juice<br>Choice of Milk         | French Toast Sticks w/ Syrup<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                                                       |  |
| <b>11/25/13 DAY 3</b>                                                                                                  | <b>11/26/13 DAY 4</b>                                                                                                                 | <b>11/27/13 DAY 5</b>                                                                 | <b>November 28, 2013</b>                                                       | <b>November 29, 2013</b>                                                                                                             |  |
| Scrambled Eggs & Bacon<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                                               | Egg McComet<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                                                                         | Pancakes w/ Syrup<br>Chilled Fruit or Fruit Juice<br>Choice of Milk                   | <b>NO SCHOOL<br/>HOLIDAY</b>                                                   | <b>NO SCHOOL<br/>HOLIDAY</b>                                                                                                         |  |
| <b>MENUS ARE NOW ON THE INTERNET - <a href="http://www.pennmanor.net">www.pennmanor.net</a></b>                        |                                                                                                                                       |                                                                                       |                                                                                |                                                                                                                                      |  |

**Parents are encouraged to purchase for their child pre-paid meals!**

(Please write your child's first & last name on your check when purchasing a meal ticket!)

Please make checks payable: **Penn Manor School District**

**THERE IS A \$35.00 CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS.**

Cold cereal/Toast available every day including: Cocoa Krispies, Rice Krispies, Frosted Flakes, and Frosted Mini Wheats

**ATTENTION: Breakfast will NOT be served when there is a one or two hour delay due to inclement weather.**

Elementary students paying cash daily or have exhausted their lunch ticket will be permitted to charge no more than 5 lunches. Charged lunches should be paid for the next school day. When students have reached 3 charged lunches, a warning envelope will be sent home advising the parent of the charged meals. In the event when a student has accumulated 5 charged lunches and doesn't have money for lunch, a modified lunch consisting of fruit, crackers and milk will be provided to the student. Meals will always be provided to K-3 students or any disabled student as per federal regulation. Students will not be permitted to purchase ala carte items when they have a negative balance for charged lunches. Secondary students are not permitted to charge lunches.