

Penn Manor School District
June 2014
High School Menu

Elementary students paying cash daily or have exhausted their lunch ticket will be permitted to charge no more than 5 lunches. Charged lunches should be paid for the next school day. When students have reached 3 charged lunches, a warning envelope will be sent home advising the parent of the charged meals. In the event when a student has accumulated 5 charged lunches and doesn't have money for lunch, a modified lunch consisting of fruit, crackers and milk will be provided to the student. Meals will always be provided to K-3 students or any disabled student as per federal regulation. Students will not be permitted to purchase ala carte items when they have a negative balance for charged lunches. Secondary students are not permitted to charge lunches.

To Make Credit Card Payments visit www.myschoolbucks.com or click on the link at <http://www.pennmanor.net>

All Cafeteria Managers are proud members of The School Nutrition Association of PA ~ "Making the Right Food Choices , Together"

High School Menu		Elem. Lunch - \$2.25 Sec. Lunch: \$2.40/\$3.25/\$3.50/\$3.75 Reduced Lunch - \$.40 Student Milk - \$.60 Adult Lunch- \$3.50/\$4.50	PRE-PAID TICKET INFORMATION: Elementary - \$50.00 Secondary - \$50.00 Reduced - \$10.00	We welcome your comments, questions and suggestions. Contact the Food Services Department: Randy Wolfgang - 872-9500 ext. 2228
School Board Meeting: June 2 and 16, 2014 Manor Middle Board Room 7:00 p.m.				
MONDAY 6/2/14 DAY 4	TUESDAY 6/3/14 DAY 5	WEDNESDAY 6/4/14 DAY 6	THURSDAY 6/5/14 DAY 1	FRIDAY 6/6/14 DAY 2
Popcorn Chicken Baked Macaroni & Cheese Steamed Corn Assorted Fruit Chilled Fruit Juice Choice of Milk	Pork Rib Sliders Golden Potato Rounds Tossed Salad Assorted Fruit Chilled Fruit Juice Choice of Milk	Steak Hoagie French Fries Baby Carrots w / Dip Assorted Fruit Chilled Fruit Juice Choice of Milk	Chicken Nuggets Fluffy Whipped Potatoes California Blend Vegetables Assorted Fruit Chilled Fruit Juice Choice of Milk	Italian Cheese Pizza Tossed Salad Assorted Ice Cream Chilled Fruit Juice Assorted Fruit Chilled Fruit Juice Choice of Milk
6/9/14 DAY 1	June 10, 2014	June 11, 2014	June 12, 2014	June 13, 2014
LAST DAY OF SCHOOL				

MENUS ARE NOW ON THE INTERNET - www.pennmanor.net

Parents are encouraged to purchase for their child pre-paid meals!

**** Contains Peanuts And / Or Nuts ****

(Please write your child's first & last name on your check when purchasing a meal ticket!)

Please make checks payable: **Penn Manor School District**

Soup & Salad Bar available daily - \$3.75
Salad Bar Only \$3.25

Parents & Students-On December 3, 2010, President Obama signed into law the Healthy, Hunger-Free Kids Act of 2010. This legislation marked the most comprehensive changes to the school nutrition environment in more than a generation. The new lunch meal pattern is effective with this school year, the major changes are as follows: -flavored (chocolate & strawberry) milk must be non-fat, -breads/grains must be whole grain and the required weekly grain servings have been reduced, -increase the daily serving requirements of fruits and vegetables, and establish weekly minimums for all vegetable subgroups (dark green, red/orange, starchy, beans/legumes and "other"), -establish a minimum and maximum daily serving size of meat and protein.

THERE IS A \$35.00 BANK CHARGE FOR CHECKS RETURNED FROM THE BANK DUE TO INSUFFICIENT FUNDS, CLOSED ACCOUNTS, ETC.