



Dear Parents/Guardians,

This is a reminder that the voluntary TeenHope Wellness Screening through Samaritan Counseling Center will take place on **March 17th** for **9th** grade students in Health/PE class this semester. The TeenHope program is a screening only, it is not a diagnosis for your child. It is completely confidential, voluntary and is of no cost to you. We strongly encourage you to take advantage of this opportunity for your child.

The following steps are what your teen will experience the day of the screening:

1. Students will complete a 5-minute questionnaire about symptoms of depression, anxiety, and suicidal thinking and behavior.
2. Teens whose answers reveal a potential problem or ask for help will meet with a trained mental health professional in private to determine if further evaluation would be helpful.
3. Teens whose answers show they probably do **not** need help meet briefly with other program staff to ask any questions they may have about the program or ask for help with any other concerns the screening did not cover.
4. Parents will be contacted by program staff **only if** your teen is recommended for further evaluation. If this is the case, Samaritan staff will share the overall results with you and discuss ways you can get help for your teen. You will not be contacted if your teen is not found to need additional mental health services.

We believe this screening opportunity is valuable for our Penn Manor students however, if for any reason you do not wish your student to participate, you may opt out by completing and returning the form that was sent out with the first letter at the beginning of the semester.

Please do not hesitate to call the Penn Manor Counseling Office at 717-872-9520 ext. 1822 or the Samaritan Counseling Center at 717-560-9969 if you have any questions.

Sincerely,

Penn Manor Counseling Office and Physical Education Department

